Tampico Citrus Fruits

NUTRICIONAL INFORMATION

Serving Size 200ml (1 cup)

TAMPICO AMPIC

TAMPICA

AMPIO

	AMOUNT PER SERVING	% V D (*)
Energy	104 kcal = 437 kJ	5%
Carbohydrates	26 g	9%
Sodium	7,0 mg	0%
Vitamina C	45 mg	100%

Does not contain significant amounts of protein, total fat, saturated fat, trans fats and dietary fiber.



Tampico Berries

NUTRITIONAL INFORMATION

Serving size 200ml (1 cup)

TAMPICO AMP

AMPIO

	AMOUNT PER SERVING	%VD (*)
Energy	88 kcal = 370 kJ	4%
Carbohydrates	22 g	7%
Sodium	65 mg	3%
Vitamina A	240 mcg	40%
Vitamina C	18 mg	40%
Vitamina E	3,0 mg	30%

Does not contain significant amounts of protein, total fat, saturated fat, trans fats and dietary fiber.



Tampico Peach

NUTRITIONAL INFORMATION

Serving size 200ml (1 cup)

TAMPICO AMP

AMPIO

	AMOUNT PER SERVING	% V D (*)
Energy	104 kcal = 437 kJ	5%
Carbohydrates	26 g	9%
Sodium	7,0 mg	0%
Vitamina A	45 mg	100%

Does not contain significant amounts of protein, total fat, saturated fat, trans fats and dietary fiber.



Tampico Greap

NUTRITIONAL INFORMATION

Serving size 200ml (1 cup)

TAMPICO AMP

AMPIO

	AMOUNT PER SERVING	% V D (*)
Energy	108 kcal = 454 kJ	5%
Carbohydrates	27 g	9%
Sodium	7,0 mg	0%
Vitamin C	45 mg	100%

Does not contain significant amounts of protein, total fat, saturated fat, trans fats and dietary fiber.



Tampico Mango

NUTRITIONAL INFORMATION

Serving size 200ml (1 cup)

TAMPICO AMP

AMPIO

	AMOUNT PER SERVING	% V D (*)
Energy	93 kcal = 391 kJ	5%
Carbohydrates	23 g	8%
Sodium	54 mg	2%
Vitamina A	240 mcg	40%
Vitamina C	23 mg	51%
Vitamina E	3,0 mg	30%

Does not contain significant amounts of protein, total fat, saturated fat, trans fats and dietary fiber.

